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If you have any questions or concerns please email me at:  
[heartandmindteaching@gmail.com](mailto:heartandmindteaching@gmail.com)

♥  
*Ashley*

# GOOGLE SLIDES

Your resource comes with a digital version for use in Google Slides via Google Classroom. Follow these steps to upload your resource.

**1** Click here  [Walk in my Elf Shoes](#)

**2** You will be prompted to make a copy of the resource. Click on the blue box that says “Make a copy” and the resource will go directly into your Google drive.

Google Drive

Copy document

Would you like to make a copy of Career Interest Inventory?

Make a copy



**3** Go to your Google Drive and locate the copy of the file. You can rename the file at this point or add/delete slides.

**4** Next, go to your Google Classroom and add an assignment. Select the Google Drive Symbol and select the resource you want to assign.

**5** From here, you should see a grey box that says “Students can view file.” Click the grey box. A dropdown menu should appear. Select, “Make a copy for each student.”

**YOU HAVE TO MAKE A COPY FOR EACH STUDENT!**

Otherwise they will all be editing the same file.

Click “Assign” in the top right corner if you’re ready to post!

This product is meant to be used in “edit” mode (not “presentation” mode). Edit mode is the only mode that allows drag & drop and writing in text boxes.

Helpful links for using Google Classroom:

[Teacher Tips for using Google Classroom \(TPT blog\)](#)

[Getting Started with Google Classroom \(youtube video\)](#)

# WALK IN MY ELF SHOES



## Session Objective:

- \*Students will practice perspective taking.
- \*Students will practice having empathy.

## Materials:

- \*Handouts.

## Guiding Questions:

- \*Why is it important to think about how someone else might think or feel?
- \*How can using empathy make you a better friend?
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## Session Details (about 30 minutes)

- \*"Today we are going to be talking about empathy, has anyone ever heard the expression put yourself in their shoes? Do you think that actually means to put on someone else's shoes? Probably not. What do you think it means?" Allow for responses. "Putting yourself in someone else's shoes means you experience life through another's feelings, another's way of looking at things or their perspective. It's not about putting your feelings on them or feeling bad for them, it's imagining and identifying with their situation and their response to it. This is not easy to do, it takes a lot of focus. You need to be paying attention to their body language and tone to understand what they might be feeling. Let's learn about ways to show empathy and then listen to examples and respond with how we think they might be feeling."
- \*Review the ways to show empathy and then have students write on the elf shoe how they can show empathy. Then read each example on the handouts and ask students the questions after the example to have them practice perspective taking and having empathy for others.
- \*"See how we can all put ourselves in another person's shoes to understand their way of thinking? It really helps, especially with conflicts."

## ASCA Standards Alignment:

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## SEL Competencies:

- \*Self-awareness: identifying emotions.
- \*Relationship skills: relationship building, communication, social engagement.
- \*Social-awareness: Respect for others, appreciating diversity, perspective-taking, empathy.

# ways to show EMPATHY

## PERSPECTIVE TAKING

Think about how the other person might be feeling.

## LISTEN

Really listen to what they are saying, make eye contact and nod your head to show you are listening.

## ACKNOWLEDGE FEELINGS

Think about how the person must be feeling and state that, for example "It sounds like that really hurt your feelings and made you sad."

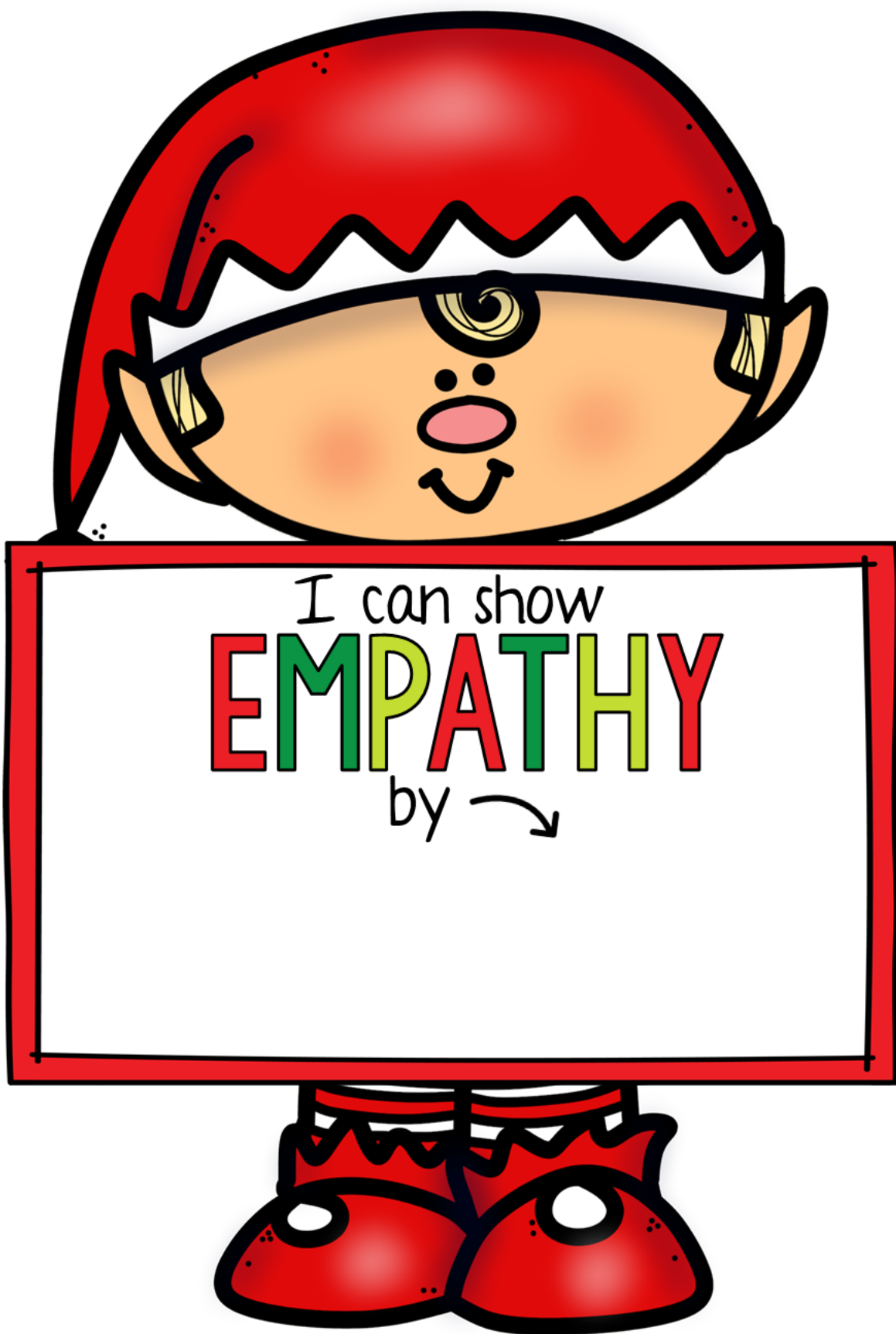
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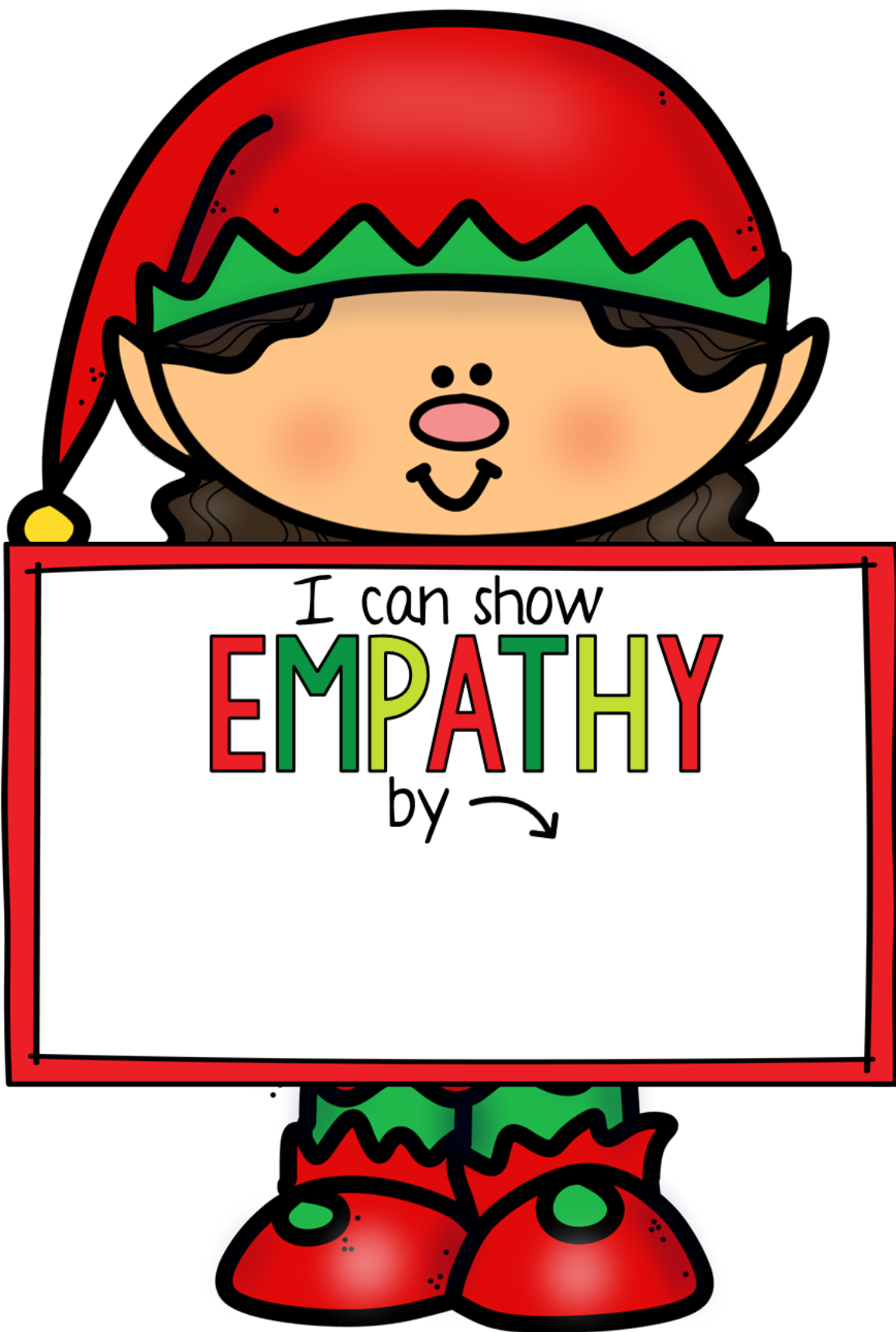
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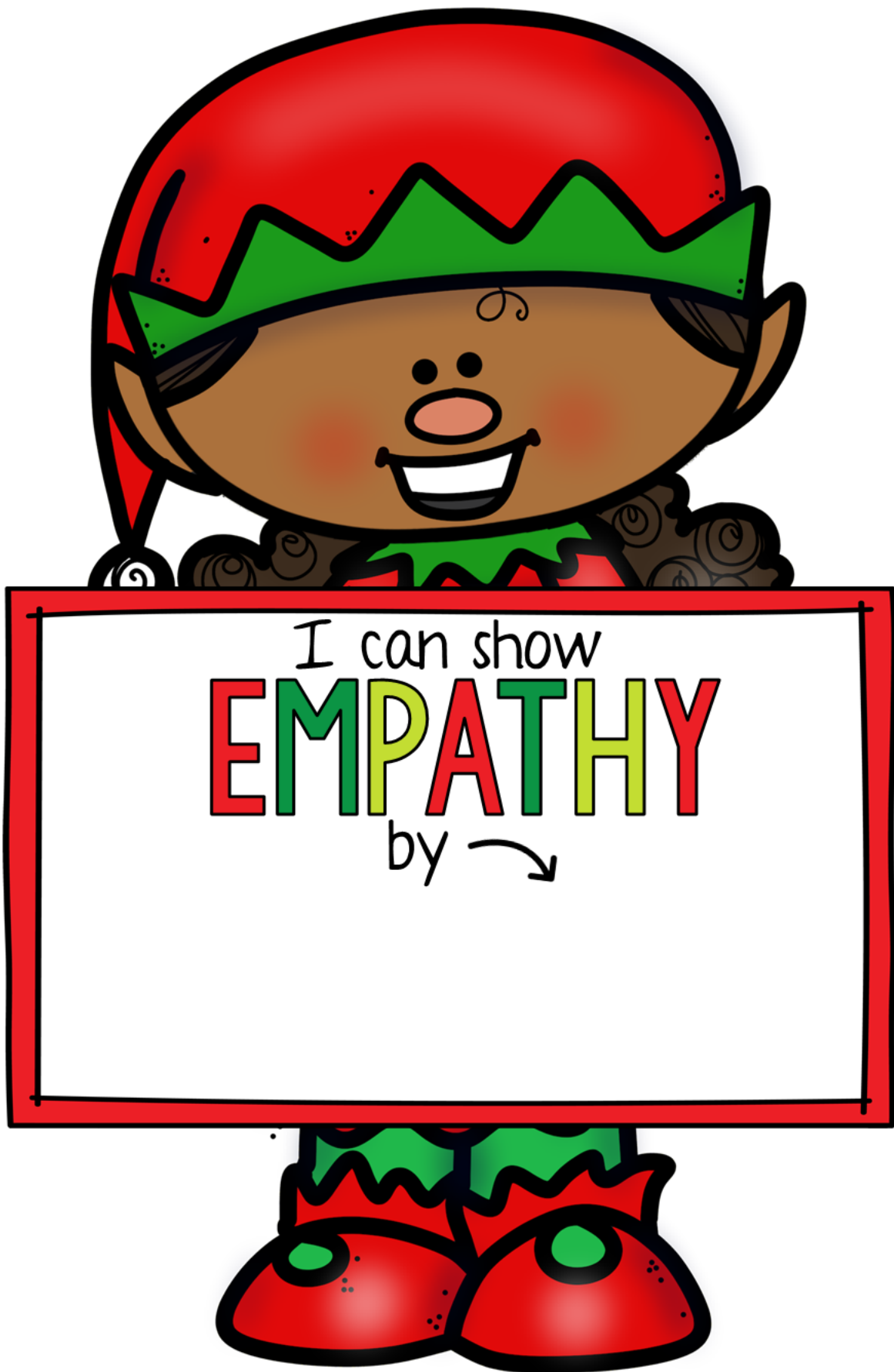
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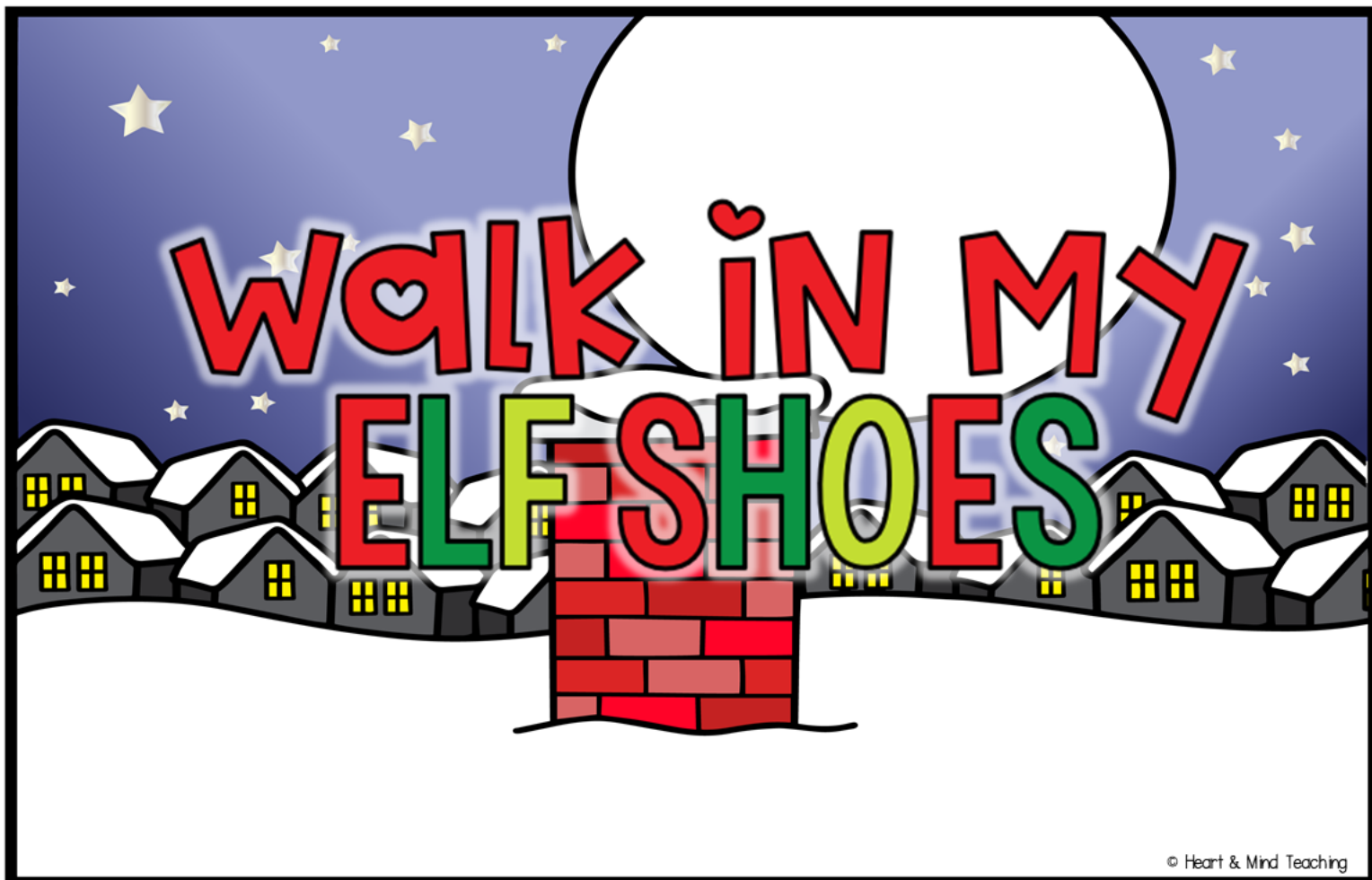




I can show  
**EMPATHY**  
by →







WALK IN MY  
ELF SHOES

## PRACTICE EMPATHY

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Let's look at ways to show empathy and then go through some examples of different situations that some fall characters have dealt with and respond with how we think they might be feeling.



## Walk in My ELF SHOES



George the elf does not want to make toys, he wants to be a dentist. How is George feeling? What would you say to him?

© Heart & Mind Teaching

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Aida the Elf lost her toy making tool, it was her favorite one. How is Aida feeling? If you were Aida what would you do?

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Maria the Elf is telling her friend about a holiday movie, Jena interrupts and tells her about her reindeer. How does this make Maria feel? Why?

© Heart & Mind Teaching

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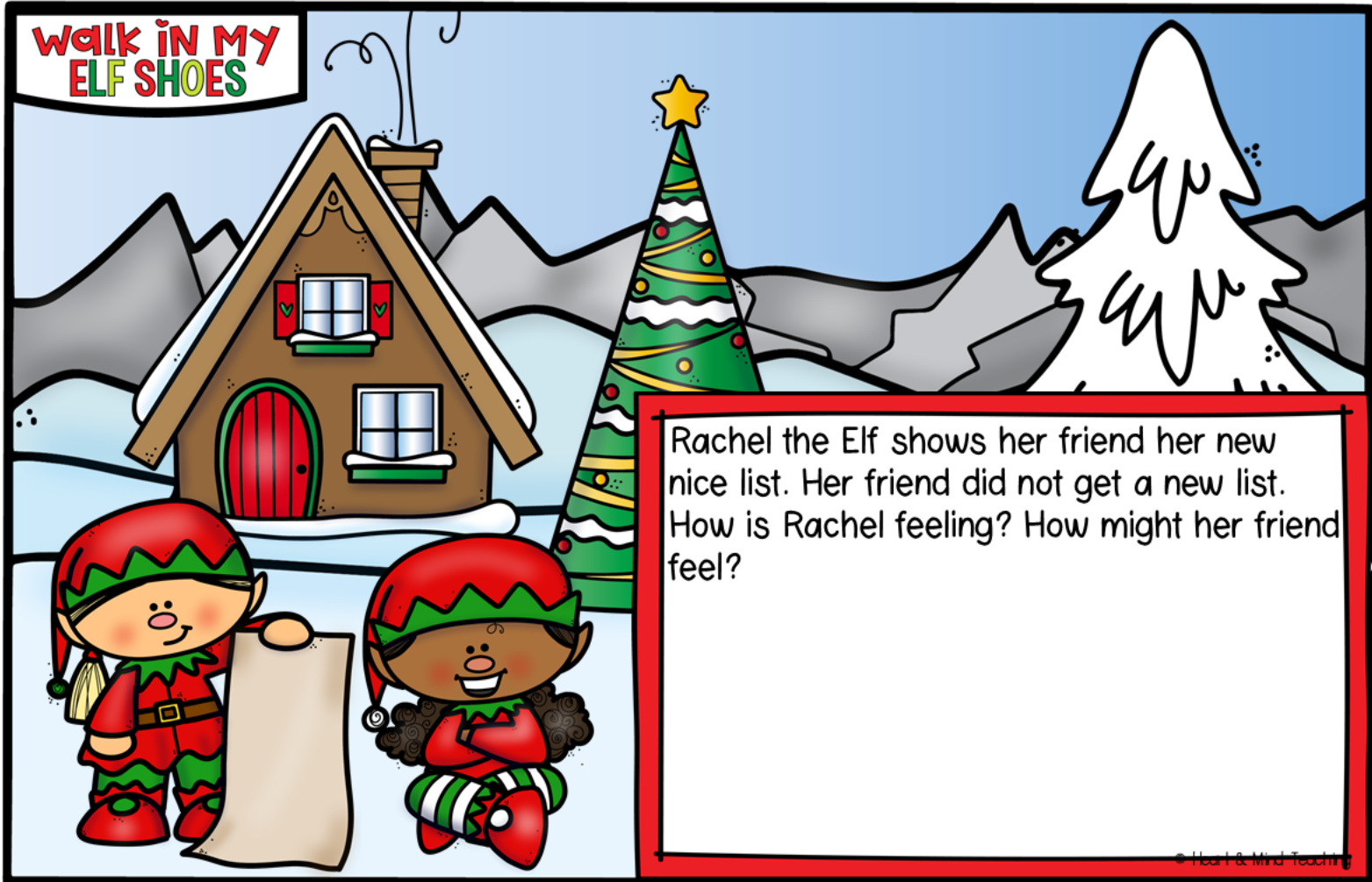
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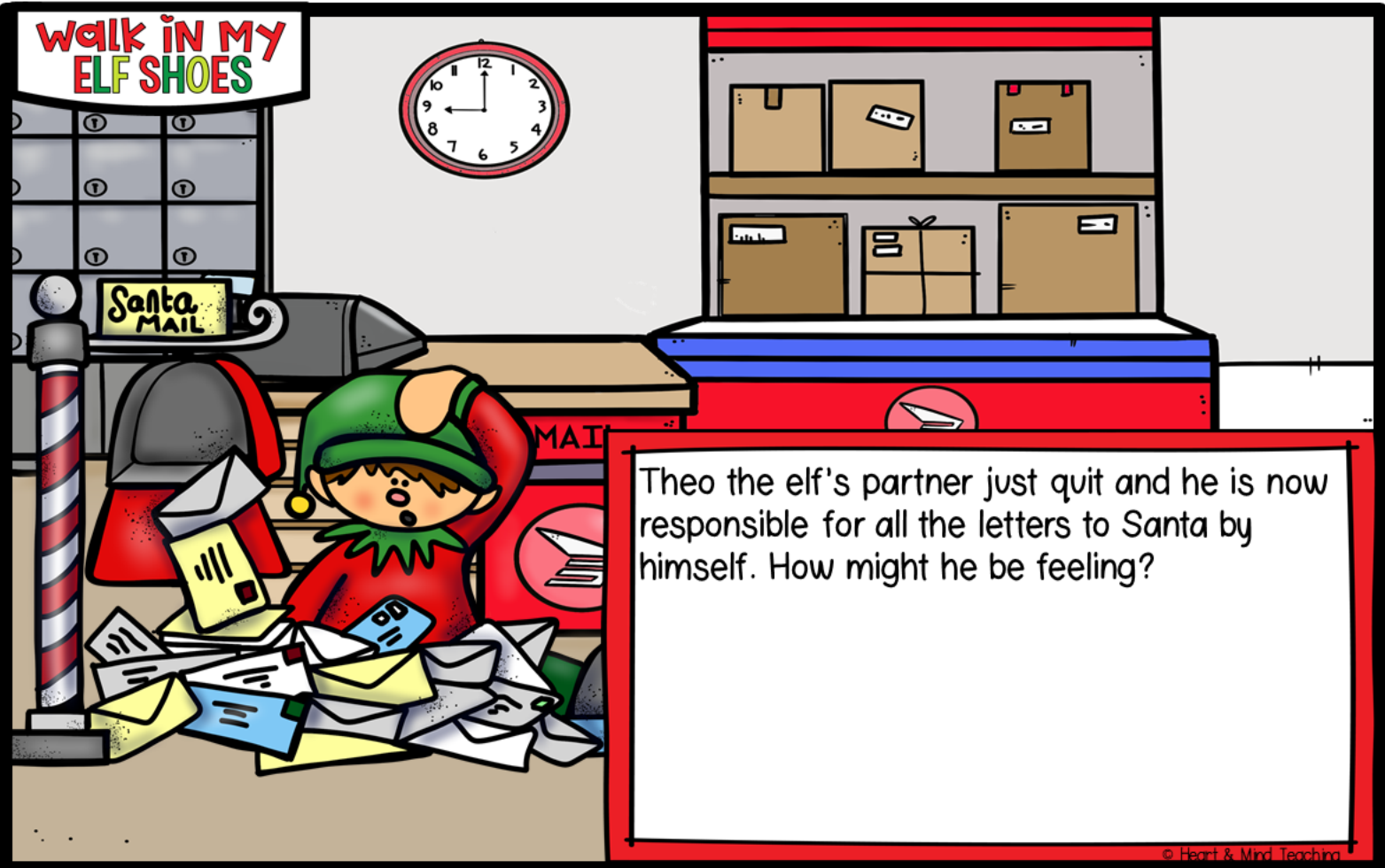
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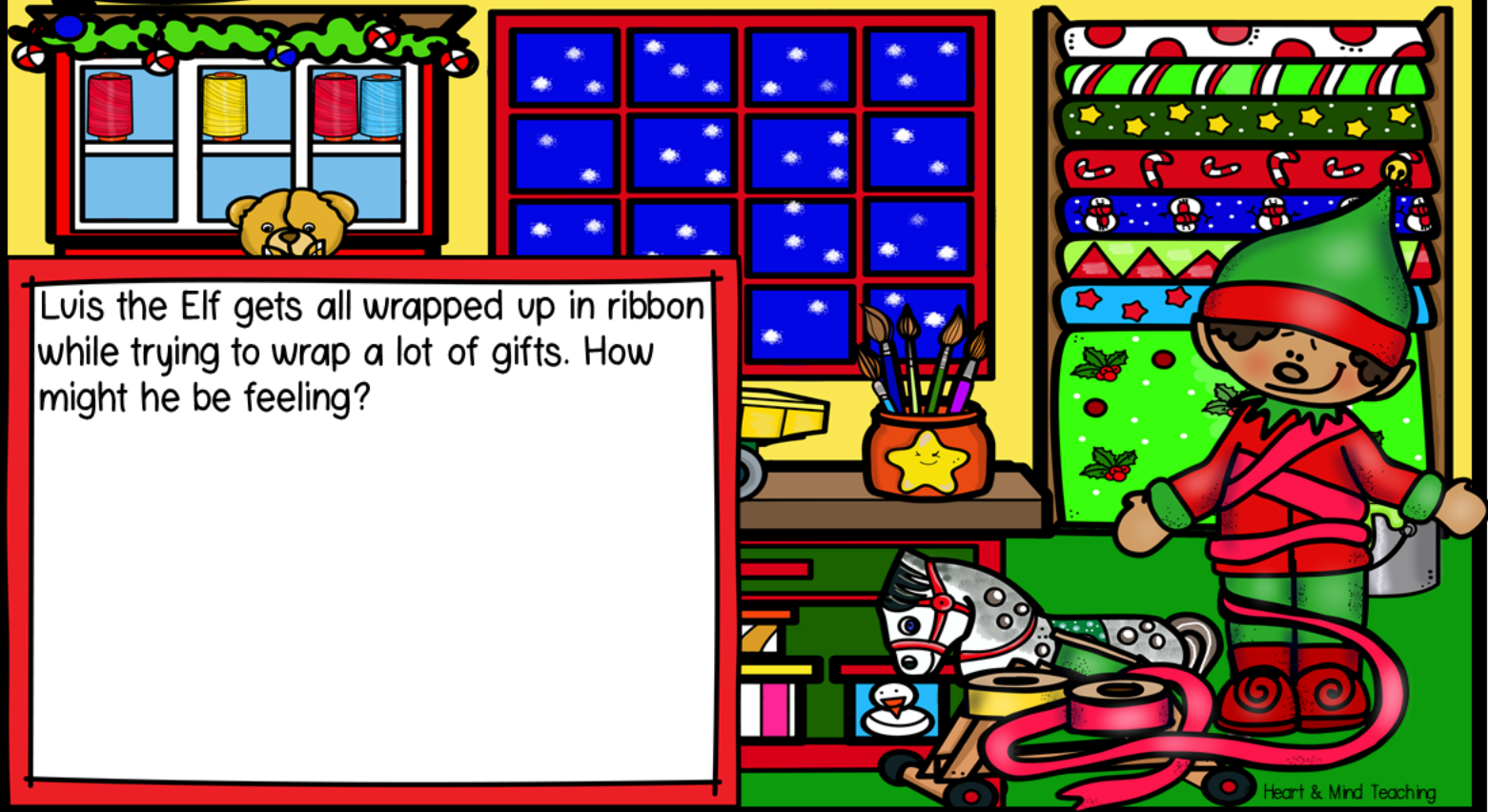
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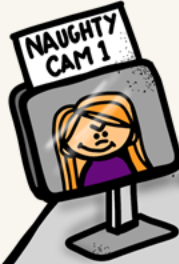
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Walk in My  
ELF SHOES



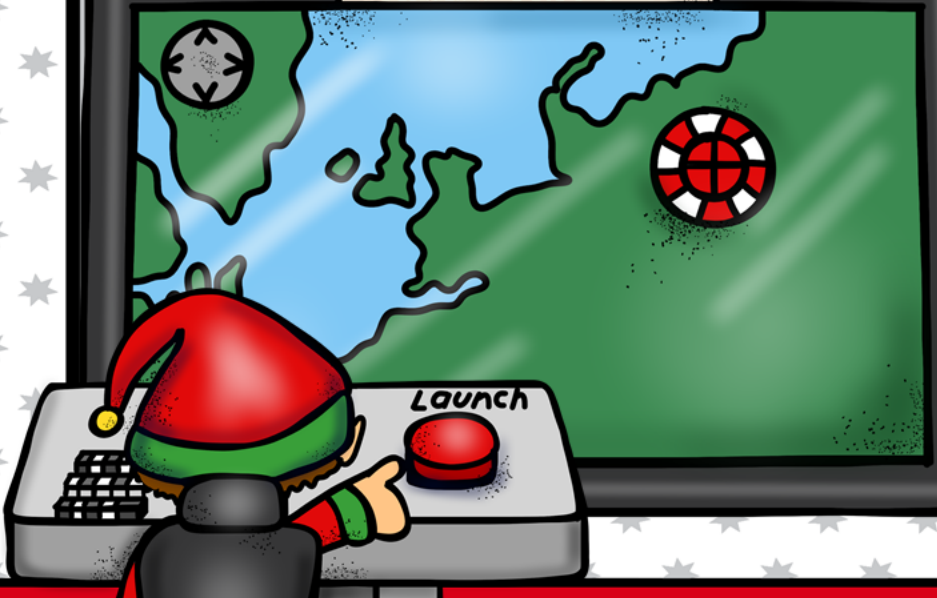
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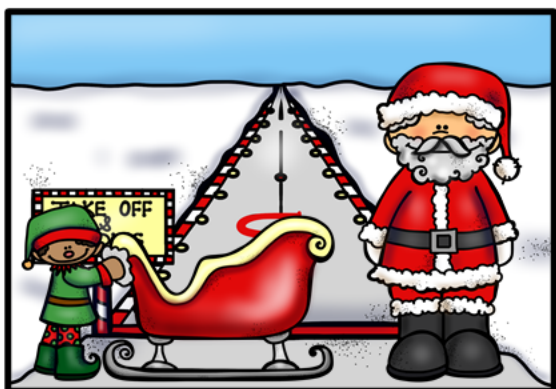
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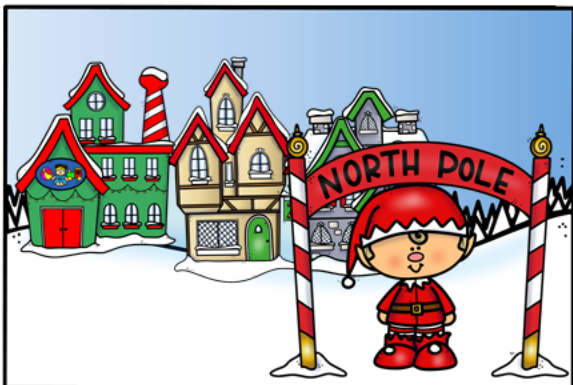
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**BLACK &  
WHITE  
VERSION**

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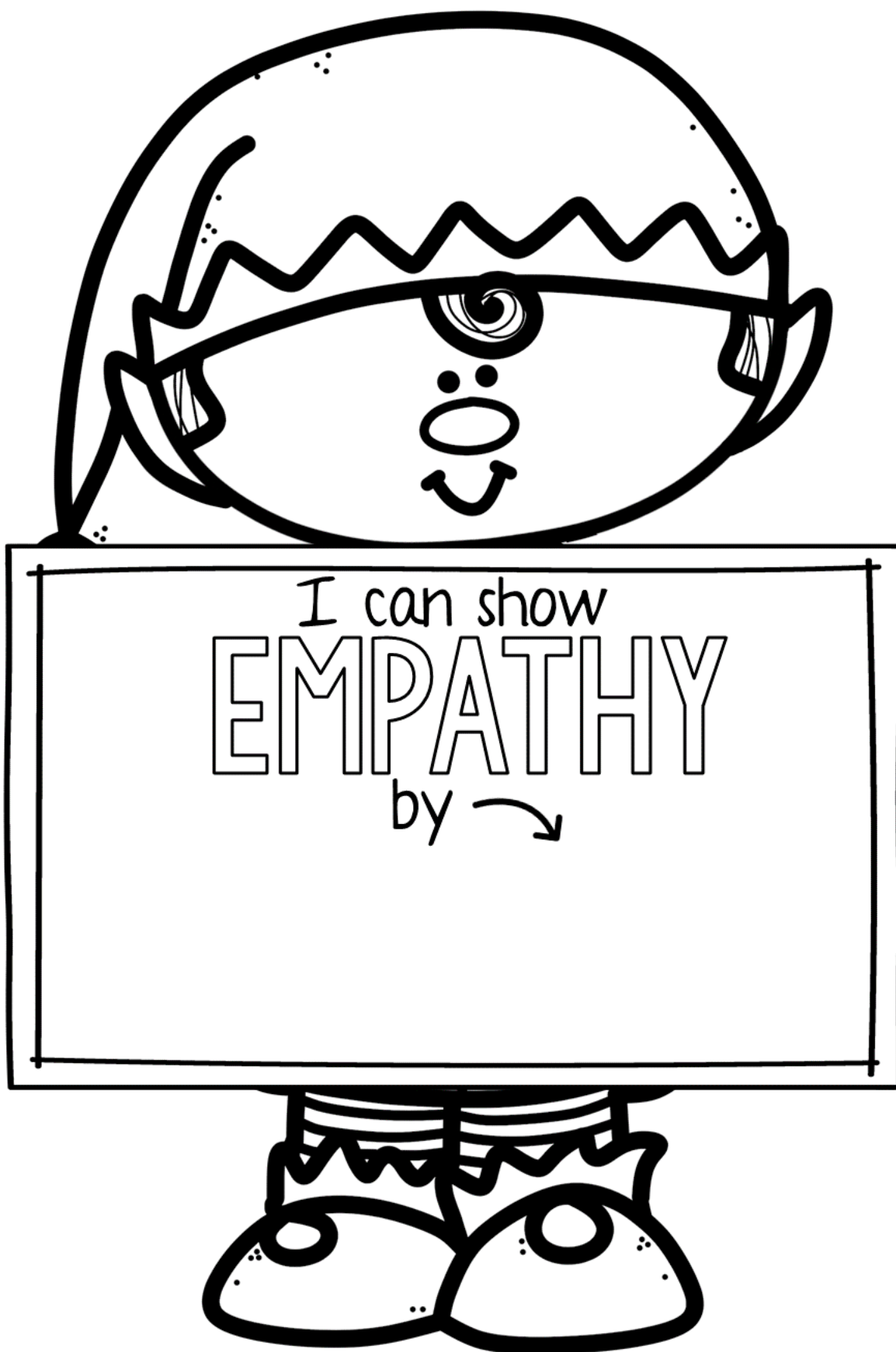
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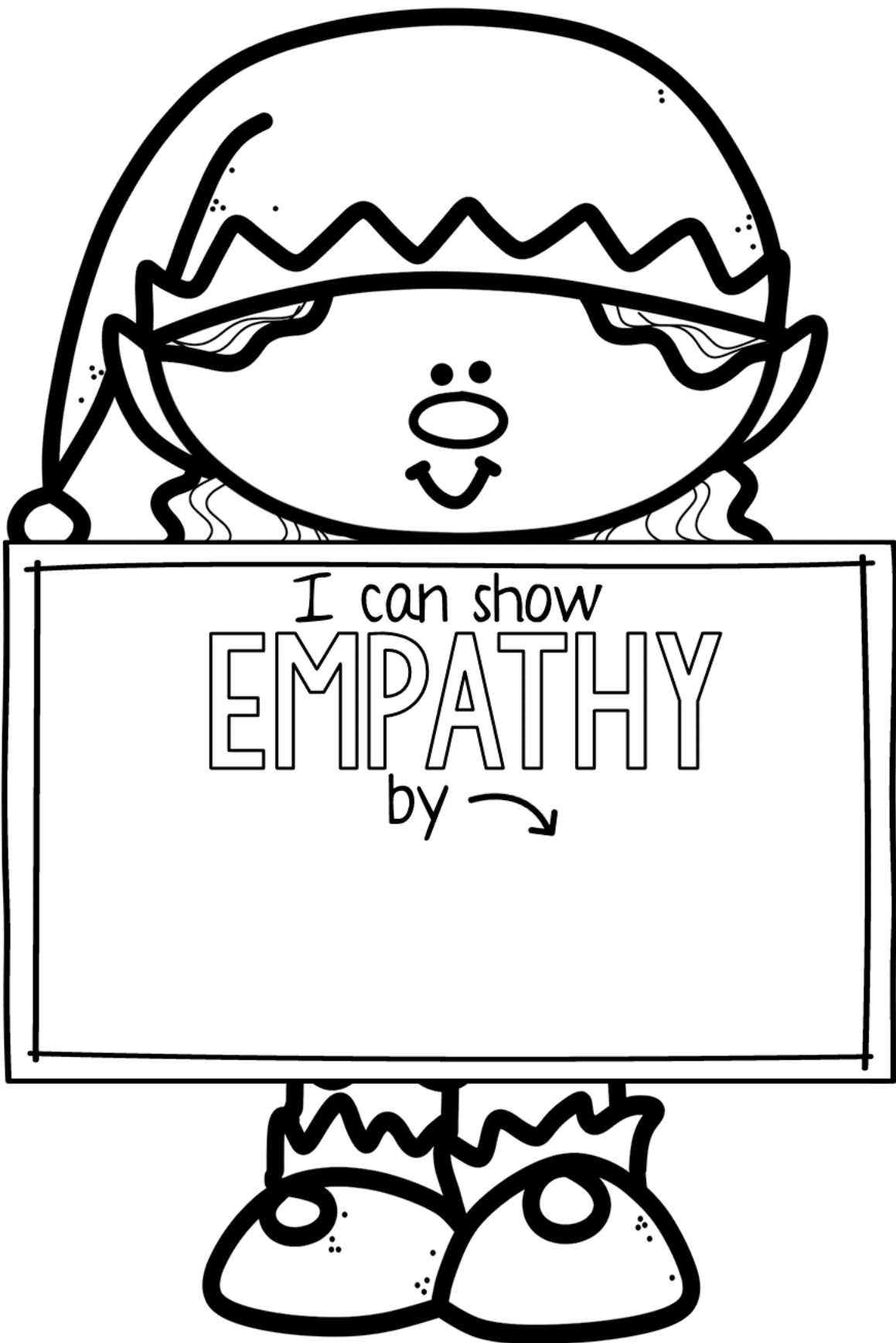
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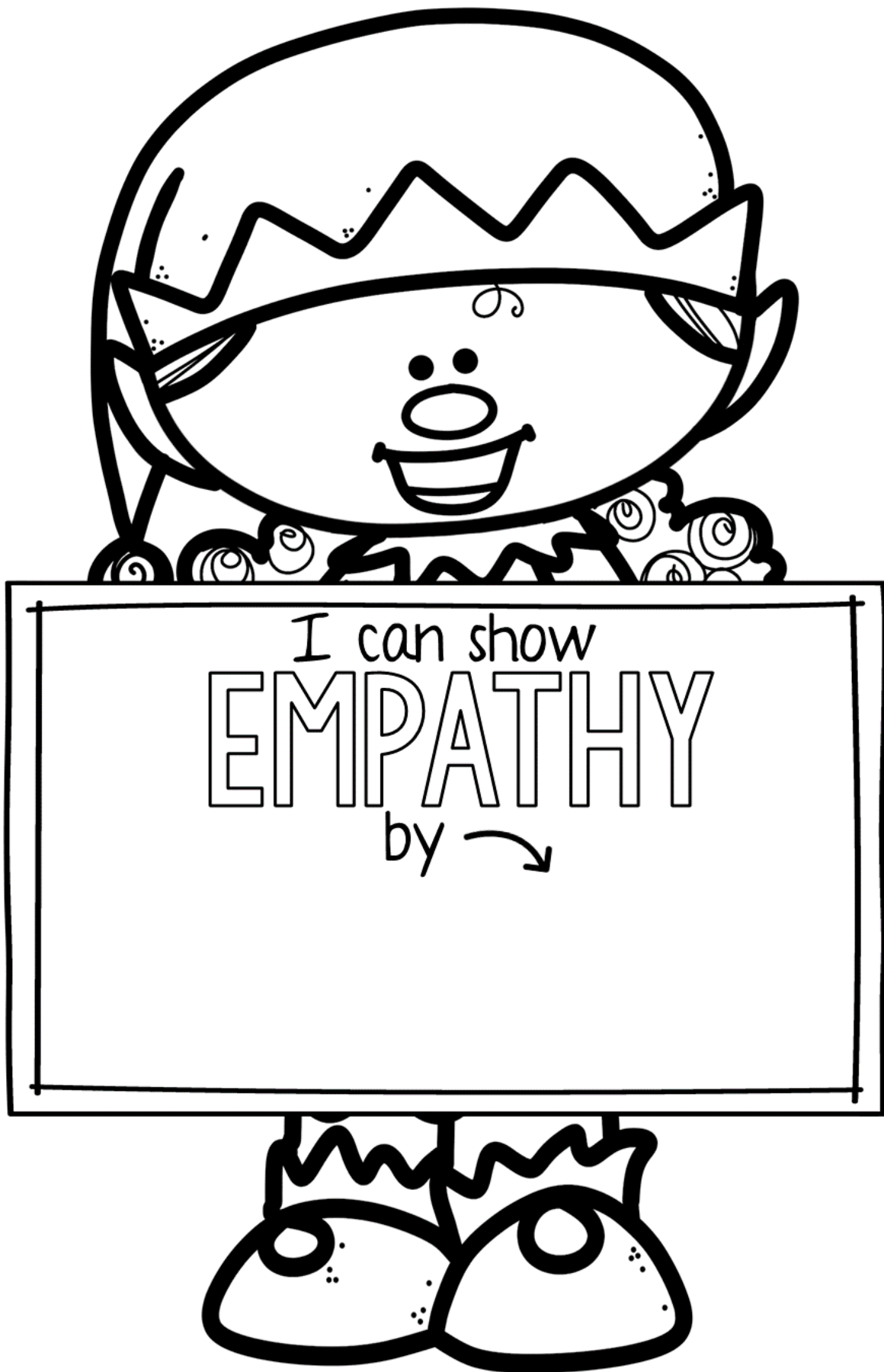
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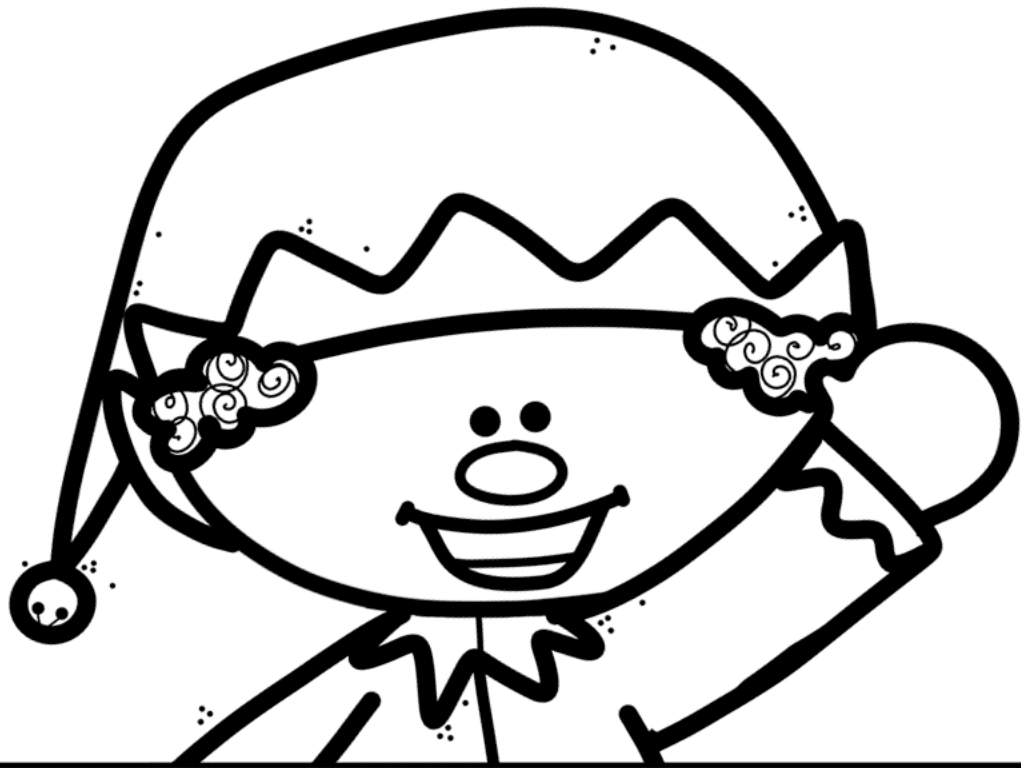
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I can show  
**EMPATHY**  
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## WALK IN MY ELF SHOES

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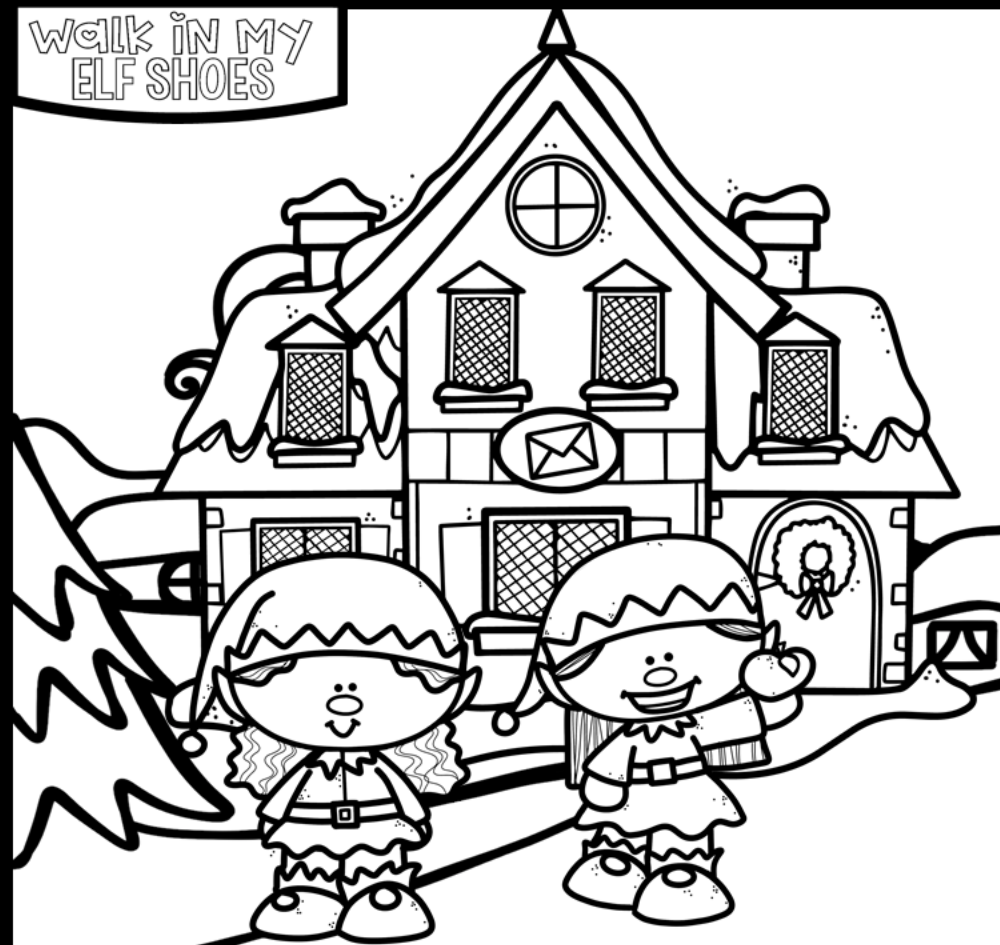
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WALK IN MY  
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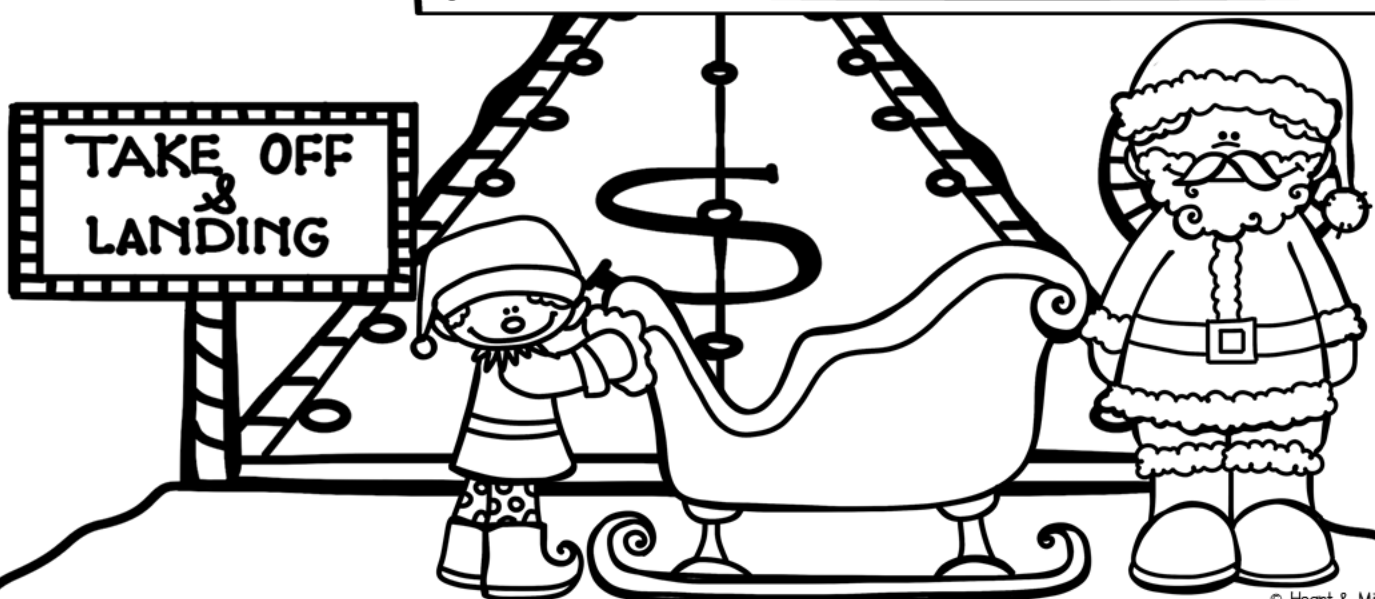


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WALK IN MY  
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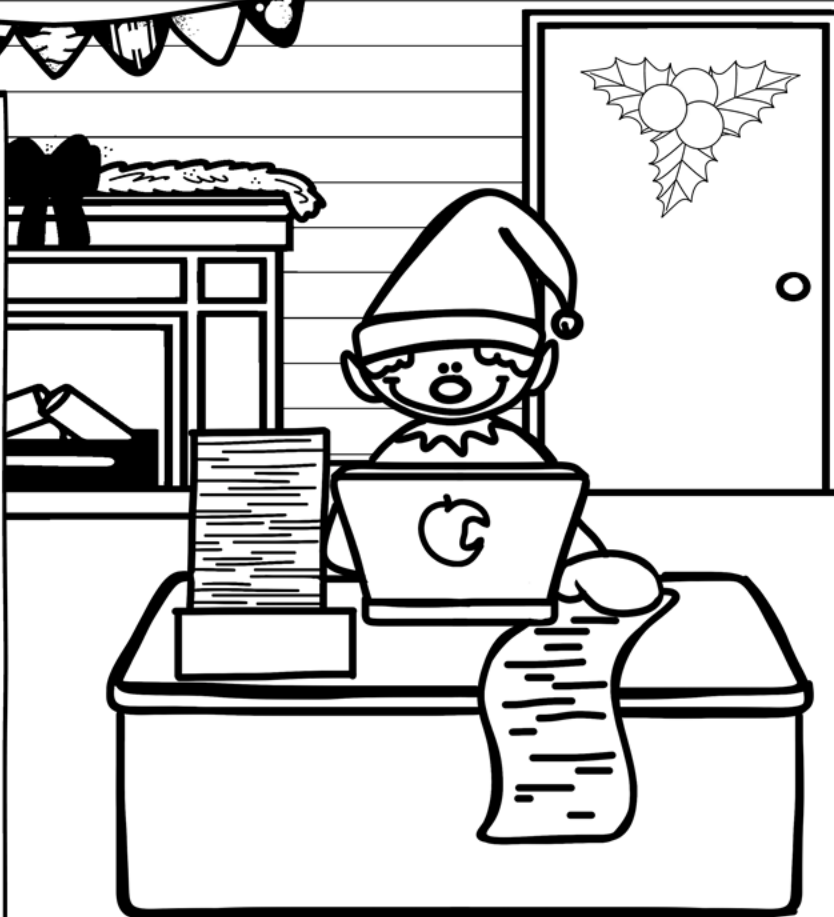


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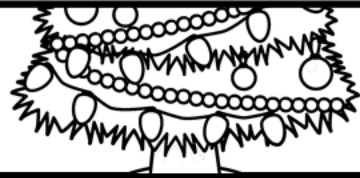
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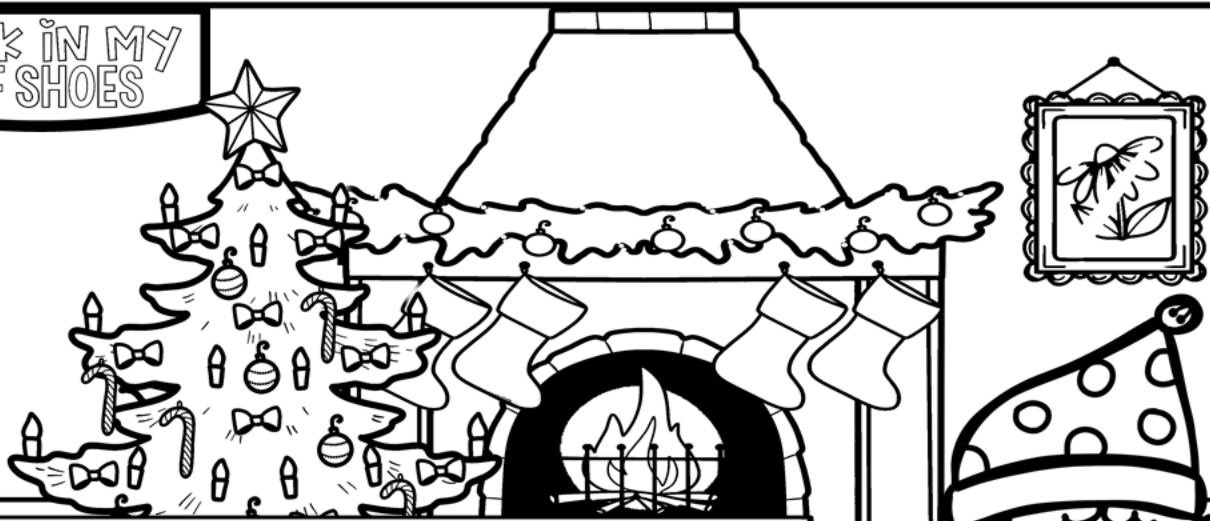
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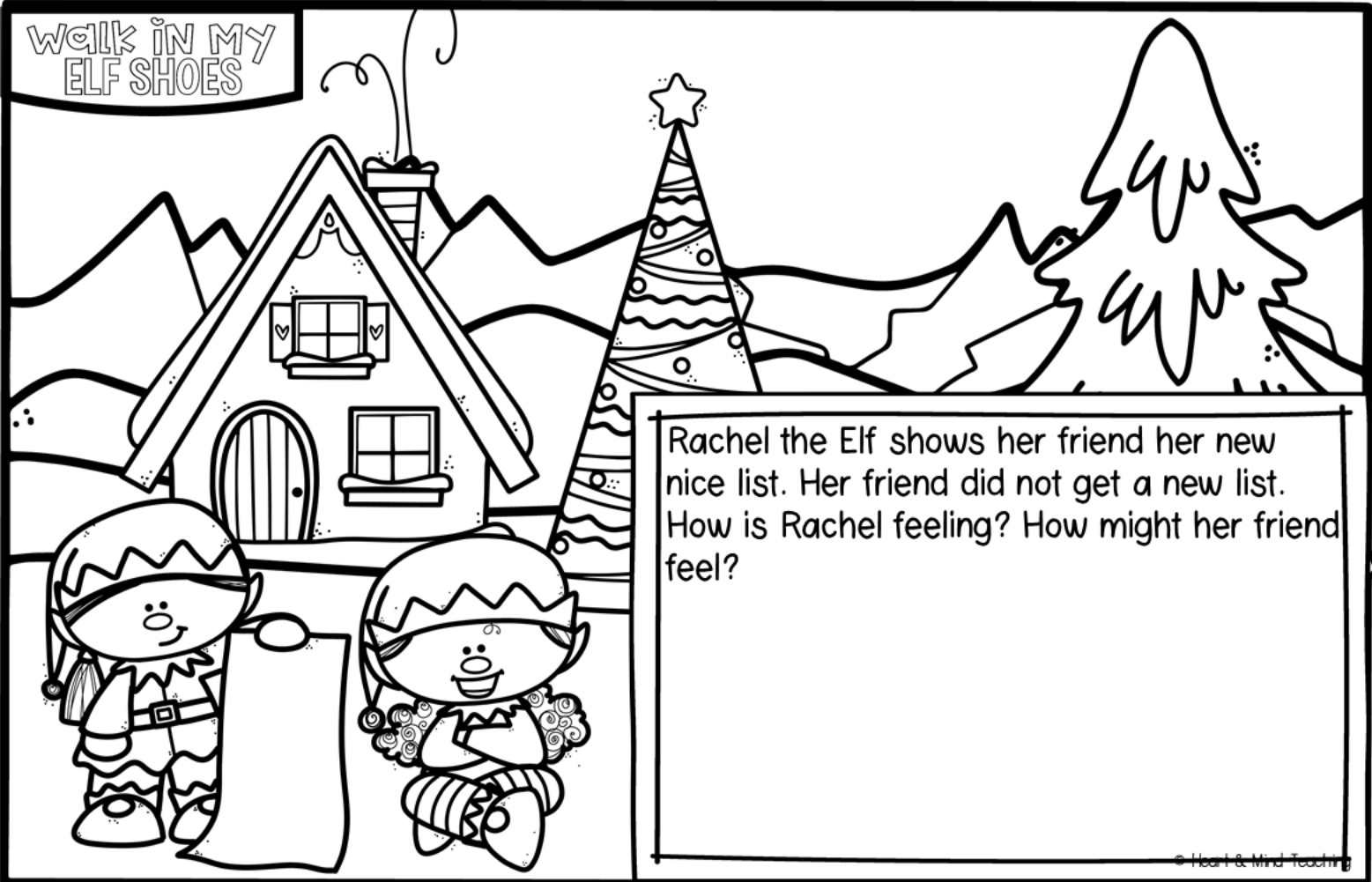
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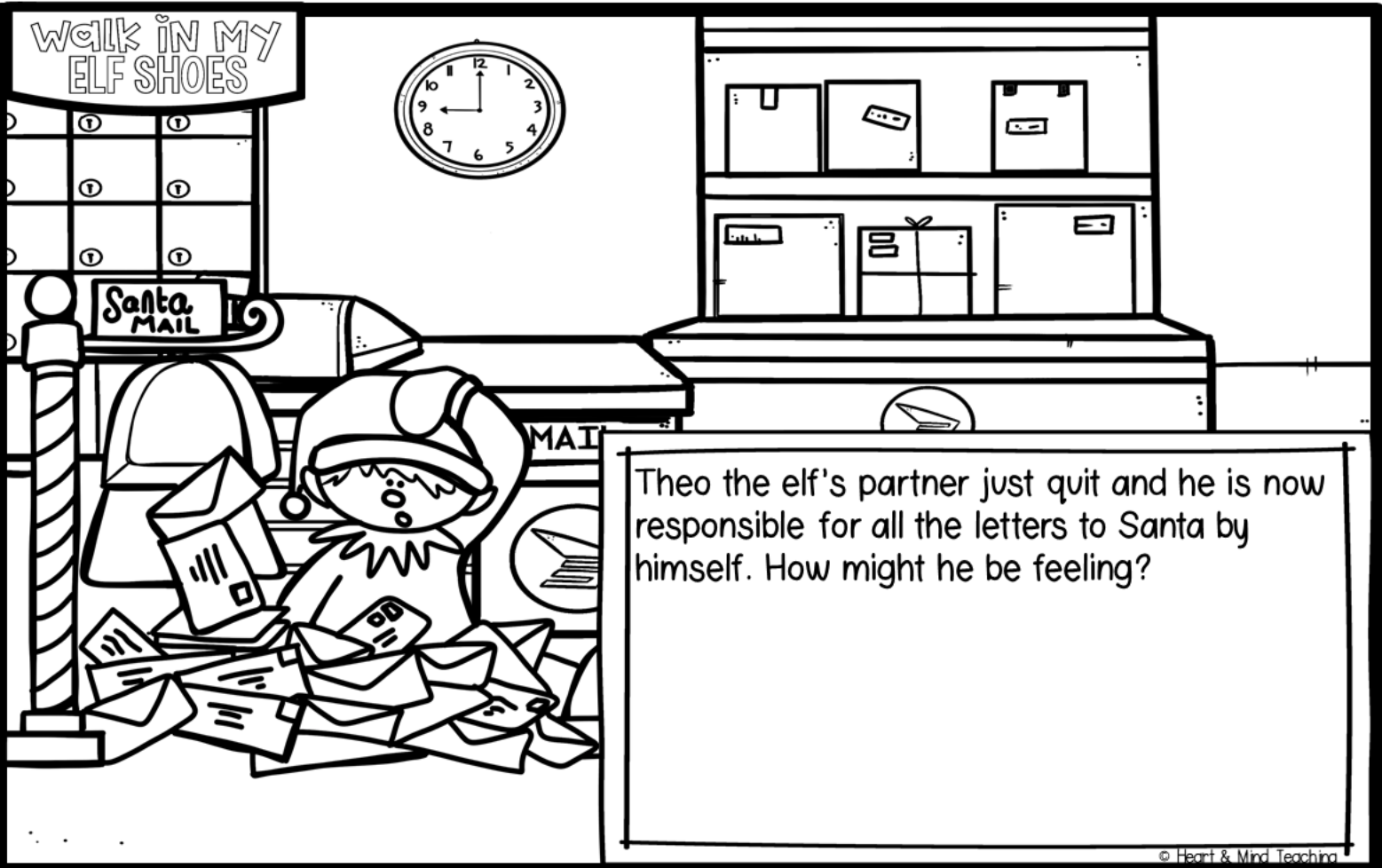
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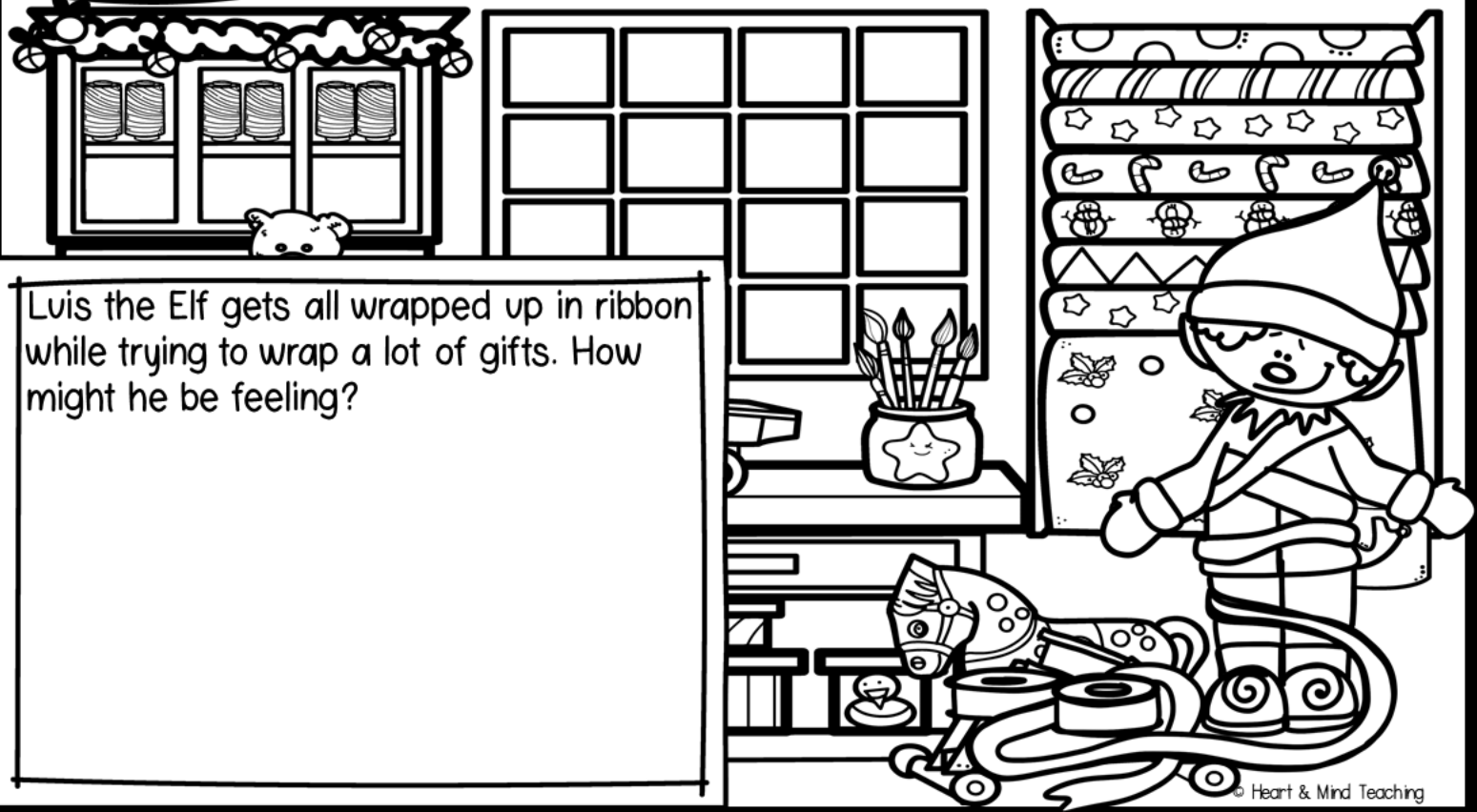
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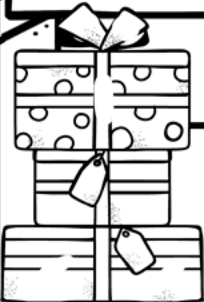
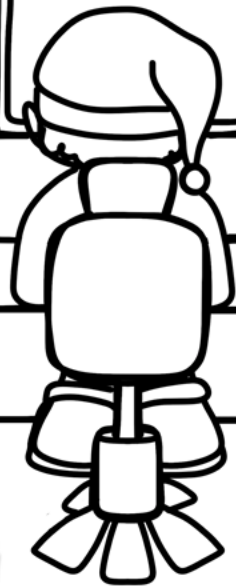
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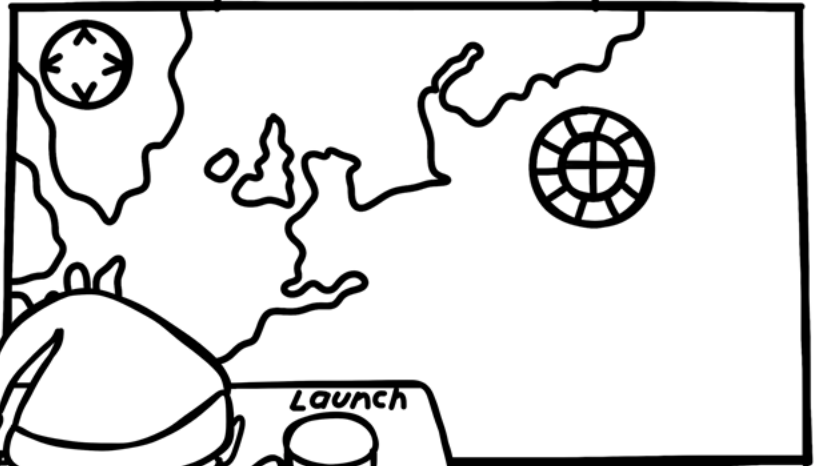
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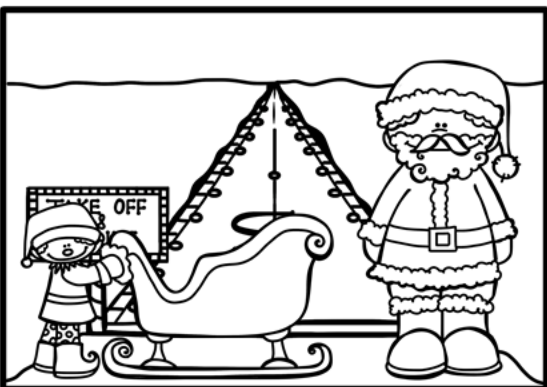
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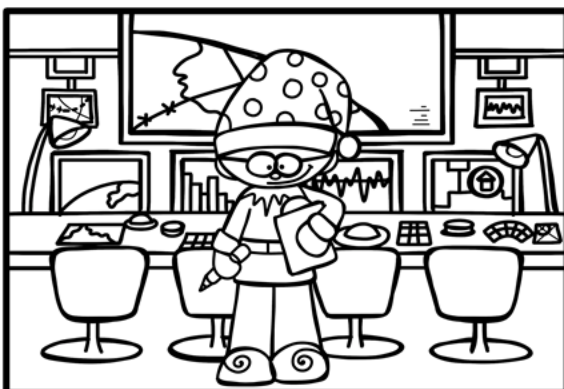
Edgar the Elf tattles on Oliver the Elf and gets him in trouble. How does Oliver feel? How would you feel? What do you think might happen afterward?



Dan is behind on his toy making for the workshop, he is not sure how he is going to finish on time. How is Dan feeling? What would you do?



Abel is responsible for the reindeers and they are not listening to him. How might he feel? How would you feel?



Jacob was recently promoted to head elf at elf headquarters. He has a lot of new responsibilities that he has never had before. How might he be feeling?

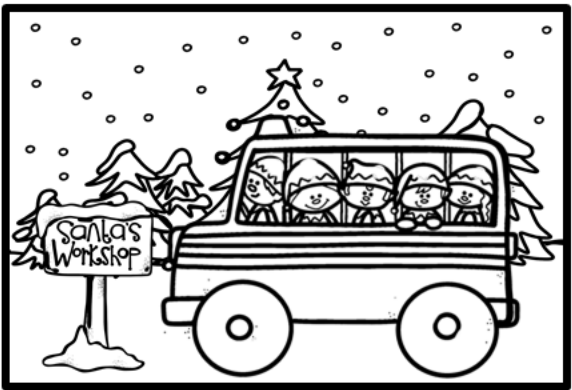
# WALK IN MY ELF SHOES



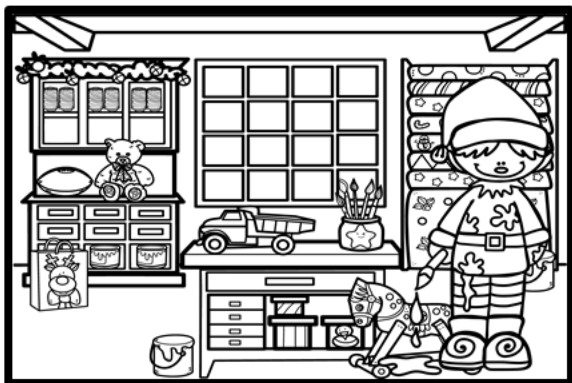
Santa is explaining the new toy design to Ramona the Elf and he looks at the clock. How would that make Santa feel? Would you feel the same way?



Kris makes a mistake and paints a toy the wrong color. How might he be feeling? How would you feel?



The new Elf recruits are on the way to Santa's workshop for their first day of work. How do you think they are feeling? How would you feel?



Sarah is working so hard in the toy workshop she does not notice the mess she has made. She asks a fellow elf to help her clean but they say no. How might she be feeling?



# WALK IN MY ELF SHOES



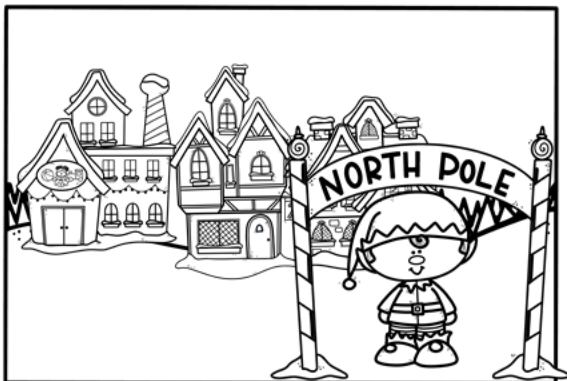
Kristine the Elf throws her toy making tools and it knocks glue everywhere. Everyone looks up at her. What is everyone thinking? How is Kristine feeling before and after?



Anabelle the Elf won the competition to make the most toys this week. How is Anabelle feeling? If you were Anabelle, how would you act?



Mrs. Claus tells Marcus the elf that he is doing a great job on filling the stockings. How might he be feeling?



Jason the Elf just moved to this country and is not familiar with Elf culture. How do you think he might be feeling? How would you feel?



# WALK IN MY ELF SHOES



Tomas is wrapping a gift and accidentally cuts his finger with the scissors. How might he be feeling? How would you feel?



Sasha the Elf tries to join a group of Elves at their lunch table but they give her a weird look when she approached. What might they be thinking? How does Sasha feel?



Rachel the Elf shows her friend her new nice list. Her friend did not get a new list. How is Rachel feeling? How might her friend feel?



Theo the elf's partner just quit and he is now responsible for all the letters to Santa by himself. How might he be feeling?

# WALK IN MY ELF SHOES



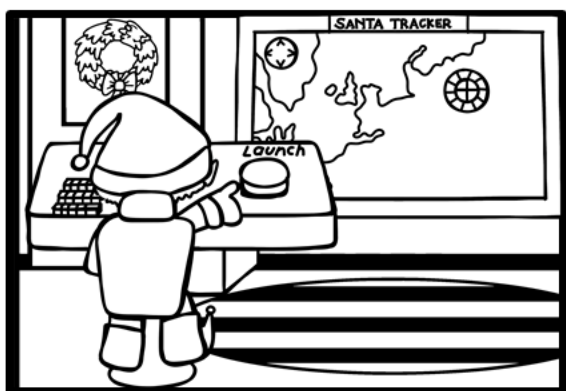
David the Elf is singing a holiday tune to himself while building a toy, some of the other elves look at him funny. How is David feeling? What would you do?



Luis the Elf gets all wrapped up in ribbon while trying to wrap a lot of gifts. How might he be feeling?



Diego the elf is in charge of watching the naughty and nice cams and they are freezing and not working properly. This will slow down his work. How do you think he feels?

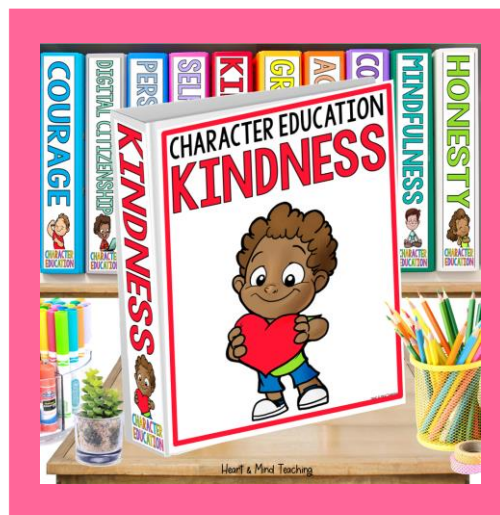
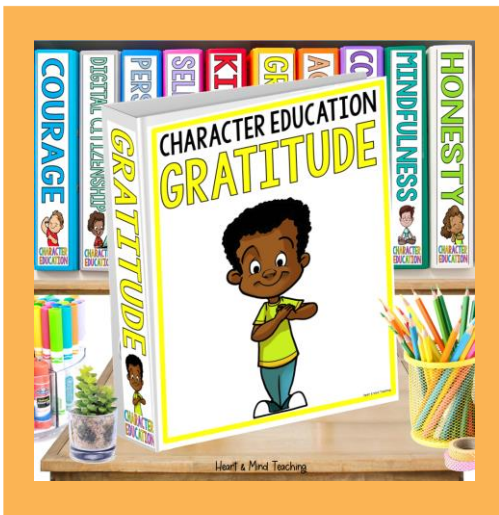
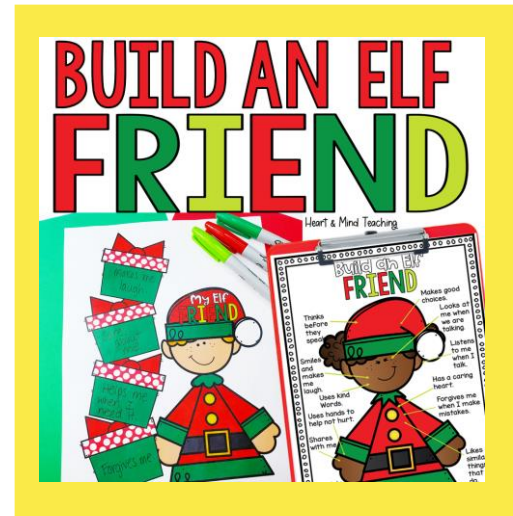
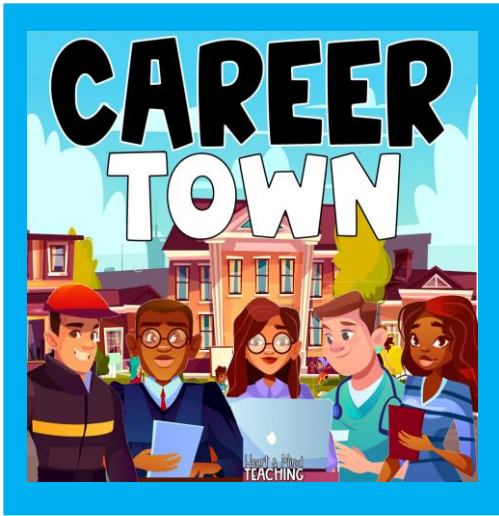


It's nearly Christmas and buddy the elf is waiting for the signal to launch Santa's sleigh. They have been waiting all year for this moment. How might the elves be feeling?



# CHECK THESE OUT

CLICK ON THE PICTURES TO GET A CLOSER LOOK.



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# THANK YOU

FOR SUPPORTING MY LITTLE SHOP.

Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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Ashley

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